**Typical afternoon session:**

2.45 pm START arrive at our house, prepare snacks and get things for afternoon activity

2.55pm drive to school

3.30pm pick Josh up

Do an afternoon activity such as swimming, soft play, trampolining, park, walk etc

Depending on the length of activity, there might be time to come back to the house for some play. Josh likes sometimes to play with his trains and cars, or go on his ipad or the computer

6.30 pm FINISH at our house

**(Typical morning session:)**

8am START Help get Josh dressed, washed and clean teeth

Once allergy training has taken place carer will then help prepare Josh’s lunch and snacks for school (he takes a cooked packed lunch)

Josh likes to chill out in his bedroom until it is time to go to school

8.55am drive Josh to school

9.30 school drop off and drive back home

10am FINISH

General information:

Josh is a happy, content, active 12 year old boy. However, he suffers from anxiety which, if not managed proactively, can and will lead to challenging behaviours. At the moment challenging behaviours are very low. Things that may make Josh anxious, if not managed proactively, are changes in routine, being told NO (we don’t use NO or negative language such as DON’T, but instead we would make it clear to Josh in positive way what the expectations are), the use of a stern or abrupt voice and an unrealistic and/or inappropriate level of demands.

Josh is verbal and he is able to ask for preferred foods and activities but lacks other functional language such as communicating pain/feeling unwell.

Josh completely lacks awareness of danger, for example the foods he is allergic to, roads, dangers associated with water. He needs to be closely supervised 1:1 at all times.

Josh loves being active and doing his favourite activities and his support worker must be an active and energetic person who likes physical activity, the outdoors, *swimming (an activity which candidate would be expected to take him to once or twice a week) etc.*

Needs:

Severe autism

Severe learning disability

Multiple and severe food allergies (dairy, wheat, peas and all nuts) – carries epipen

Pollen allergy

Challenging behaviours

Sensory impairment

Anxiety (OCD if anxiety is high)

Training (paid on the job) will be given in all areas of Josh’s needs and care, so there will be a period initially of shadowing and working alongside myself and his current carer. It is essential that the candidate is flexible in their approach, keen to learn, able to follow instructions and ask questions for clarification, but also full of their own initiative and with lots of enthusiasm and positivity!

There are many aspects involved with Josh’s care due to the complexity of his needs so the candidate needs to be a quick learner and very organised.